

MUMS Southern Fox Valley Resource Guide

Sponsored by SPOT 4 Kids, Oswego Illinois



Welcome to the MUMS Southern Fox Valley resource guide! If you are a parent or caregiver for a special needs child in the Southern Fox Valley area, this directory is for you. We've done our best to include local, regional and national resources for a wide range of disabilities and needs. MUMS is an acronym for Mothers United for Moral Support—we meet monthly to share inspirations and solutions for raising our special angels. The regional area covered is roughly from St. Charles south to Joliet; Naperville west to Sandwich. We are delighted that SPOT 4 Kids offered to sponsor and host this guide. We hope you find it useful! We encourage you to pass along information we may have missed, or corrections to any listings you find are erroneous. Contact Candice Hadley, 630-554-8989 or chadley222@earthlink.net. We will post periodic updates. (Please note that inclusion on this list does not represent endorsement by MUMS or SPOT 4 Kids.)

Alternative Treatments and Programs
Assistive Technology & Devices
Disability Specific Resources
General Resources
Government Agencies
Home Adaptations

Recreation
Special Education Resources
Support Groups
Support Organizations
Therapy Services (Pediatric)
Transportation

Alternative Treatments and Programs

Adeli Suit Therapy

[Euromed site with information on their program and on traveling to Poland]

<http://www.euromed.pl/>

American Hyperbarics

[mobile hyperbaric oxygen facility, Joliet & Elburn locations]

(866) 450-9822 or (334) 701-8879

www.americanhyperbarics.com

Baclofen Therapy

[information and articles about treatments for severe spasticity]

(800) 328-2518

www.medtronic.com

Center for Independence through Conductive Education

[to educate children with motor disabilities to maximize functional independence]

Countryside, (708) 588-0833

www.center-for-independence.org

Intra-American Conductive Education Association

(800) 824-2232

www.iacea.org

Kindermusik

[new class for children with special needs, Feb. 28-June 13, Fridays 6:30 pm]

Sharon Simmons, Yorkville

(630) 552-7172

Massage Therapist (certified)

[for children with disabilities & their parents]

Lori Klatt

(630) 907-1638

Midwest Centre For Conductive Education

[parent/child classes, for children with motor disorders]

Glenview, (847) 657-6630

www.mcceonline.org

NOMC Euro-Peds
[intensive suit therapy, program originated in Poland]
Pontiac, MI (888) 875-NOMC
www.europeds.org

Giant Steps
[parent-child development classes, for autism/PDD]
Burr Ridge (630) 455-5730
www.GiantStepsIllinois.org

TASC Network
[therapeutic electric stimulation, parent workshops]
(877) 827-2242
www.tascnetwork.net

Yoga for the Young
[certified in yoga for the special child]
Kristi Atwater (630) 922-6112
atwaterville@aol.com

Assistive Technology & Devices

Abilitations
[rehab product catalog]
(800) 850-8602
www.abilitations.com

Abilities Expo
[annual exhibit of special needs equipment & accessories]
August 15-17, 2003
Donald E. Stephens Convention Center, Rosemont
www.abilitiesexpo.com

The Alliance for Technology Access
[assistive technology]
www.ataccess.org

Bonifay Repair Service
[certified rehab technician, expedited and emergency repairs
wheelchairs etc., cash/check only]
(630) 973-7391

Creative Mobility
[adaptive bikes, trikes and specialty wheelchairs]
St. Charles, (630) 587-8100, (800) 711-BIKE
www.creativemobility.net

DOC Band
[Dynamic Orthotic Cranioplasty—for positional plagiocephaly
(abnormal head shapes)]
Cranial Technologies, Oak Brook
(866) DOC-BAND
www.cranialtech.com

Enabling Devices
[toys for special children]
(800) 832-8697
www.enablingdevices.com

First Flex Arm Braces
[elbow extension orthosis]
Hanger Orthotics, (630) 820-5656

Hip Helpers
[support shorts to treat excessive hip abduction in babies, toddlers]
www.hiphelpers.com

Illinois Assistive Technology Project--TechConnect
[database of devices and funding information]
(800) 852-5110
www.iltech.org

KidKit
[child ID & safety package]
(800) 234-9556
www.kidkit.net

Lekotek
[toy lending library]
(847) 328-0001

Mayatek
[neuromuscular stimulation and pain management]
(800) 731-7828
www.mayatek.com

National Assistive Technology Research Institute
[assistive technology information and resources]
(natri.uky.edu/resmenu.html)

SPIO
[stabilizing pressure input orthosis]
(360) 829-8043

S.W.A.S.H.
[Standing Walking and Sitting Hip Orthosis]
(800) 492-1088
www.campscandinavia.se/dokument/swash1.htm

TASC Network
[Technology Assisted Self Care, conferences]
(877) 827-2242
www.tascnetwork.net

Theradapt
[innovative therapeutic equipment]
(800) 261-4919
www.theradapt.com

Woodlake Technologies
[assistive technology & communication solutions]
Chicago, (800) 253-4391
www.woodlaketechnologies.com

Virtual Assistive Technology Center
[software and information for making computers more accessible]
www.at-center.com

Disability Specific Sources

Autism News
[produced by the parents of an autistic child, links]
www.autismnews.net

Autism Society of Illinois
(630) 691-1270 or (630) 969-1094
Bolingbrook, third Tuesday of the month
<http://www.autismillinois.org/>

Autism Support Group
Will County
(815) 725-6677

Brain Injury Association of Illinois
(708) 344-4646; (800) 699-6443 (in IL only)
www.BIAUSA.org

CHADD—Children & Adults with Attention-Deficit/Hyperactivity Disorder
West Suburban (Naperville), (630) 961-0161
www.chaddonline.org/chapters/chadd104.html
Kendall County (Yorkville), (630) 553-3137
www.chaddonline.org/chapters/chadd606.html
National (800) 233-4050
www.chadd.org

CP Resource Center
www.twinenterprises.com/cp/resource.htm

Illinois Autism/PDD Training and Technical Assistance Project
[free educational programs related to autism, Aspergers and PDD]
(708) 354-5730
www.illinoisautismproject.org

Illinois Spina Bifida Association
(630) 637-1050 or (773) 581-2426
(800) 969-4722
www.illinoissba.org

International Rett Syndrome Association
(800) 818-RETT
www.rettsyndrome.org

Muscular Dystrophy Association
(800) 572-1717 or 847-520-6329
www.mdausa.org

National Association for Down Syndrome
630-325-9112 (Oak Brook)
www.nads.org

National Attention Deficit Disorder Association

(847) 432-2332
www.add.org

National Center on Birth Defects and Developmental Disabilities
[ADHD information]
www.cdc.gov/ncbddd/adhd/default.htm

National Center on Birth Defects and Developmental Disabilities
[autism information]
www.cdc.gov/ncbddd/dd/ddautism.htm

National Center on Birth Defects and Developmental Disabilities
[cerebral palsy information]
www.cdc.gov/ncbddd/dd/ddcp.htm

National Center on Birth Defects and Developmental Disabilities
[diagnosis and health information]
www.cdc.gov/ncbddd/dd/

National Center on Birth Defects and Developmental Disabilities
[hearing impairment information]
www.cdc.gov/ncbddd/dd/ddhi.htm

National Center on Birth Defects and Developmental Disabilities
[mental retardation information]
www.cdc.gov/ncbddd/dd/ddmr.htm

National Center on Birth Defects and Developmental Disabilities
[vision impairment information]
www.cdc.gov/ncbddd/dd/ddvi.htm

National Down Syndrome Society
www.ndss.org

National Spinal Cord Injury Association (Illinois Chapter)
(708) 352-6223
www.sci-illinois.org/

O.A.S.I.S.
[Online Asperger Syndrome Information & Support]
<http://www.udel.edu/bkirby/asperger/>

Sensory Integration International
[to promote knowledge of sensory integration and its impact on people's lives]

(310) 787-8805
www.sensoryint.com

Apraxia-Kids
[online source about Childhood Apraxia of Speech]
www.apraxia-kids.org

Tourette Syndrome Association, Inc.
(800) 237-0717
www.tsa-usa.org

United Cerebral Palsy Association
(800) 872-5827, (217) 528-9681 Illinois
www.ucpa.org

General Resources

Canine Companions for Independence
Chicago Chapter, (847) 816-7360
www.caninecompanions.org

Chicago Parent Magazine
(708) 386-5555
www.chicagoparent.com

Child Care Resource & Referral
Kane County (630) 790-8137
Kendall County (800) 552-5526
National (800) 424-2246

Exceptional Parent
[an excellent magazine for parents, professionals and caregivers of special needs children; their site covers topics such as inclusion, new products for children, medical advances and disability specific material]
www.eparent.com

Illinois Dept. of Insurance
[to file complaints about HMOs, health insurance coverage, can be done via website]
(866) 445-5364
www.ins.state.il.us

New Mobility Magazine

www.newmobility.com

Palaestra Magazine
[adapted recreation and physical education]
www.palaestra.com

Quest Magazine
[published by Muscular Dystrophy Association]
www.mdausa.org/publications/Quest

Respite Services
Association for Individual Development
(630) 844-5040 x464
www.the-association.org

C.O.A.C.H. Care Center
[respite house for technology-dependent children]
Naperville (630) 960-2467
www.coachcarecenter.org

Shriner's Hospitals
[free surgical care for disabled children]
www.shrinershq.org

Government Agencies

Division of Specialized Care for Children
[assistance and case management for children birth to 18 needing special medical care]
Kane County (630) 964-9887
Kendall County (800) 382-8569

Illinois Council on Developmental Disabilities—
Consumer Stipend Project
[financial assistance to attend disability related conferences]
(800) 852-4302

Illinois Family Assistance
(800) 843-6154

Illinois State Advisory Council on the Education of Children with Disabilities

[openings for parents of children with disabilities to serve, bi-monthly meetings downstate]

Pat Koch (217) 782-5589

www.isbe.state.il.us/spec-ed/isac.htm

National Council on Disability

[collection of resources]

(www.ncd.gov)

Programs for Children with Special Health Care Needs

Division of Specialized Care for Children

University of Illinois at Chicago

(217) 793-2340

www.uic.edu/hsc/dscc/

State of Illinois, Dept. of Human Services, Early Intervention

[site for parents, personnel and providers; includes info on policies, rules and the law, as well as forms]

www.state.il.us/agency/dhs/eisnp.html

Home Adaptations

Arris Architects

[accessible remodeling/building plans]

815-436-8133

www.arrisarchitects.com

HomeMods.org

[links to home modification resources]

www.homemods.org

On-line Communities & Support

Assistive Technology Chat

[health section of iVillage chats]

Tuesday nights at 10pm Eastern

www.iVillage.com

Family Village

[global community of disability related resources]

www.familyvillage.wisc.edu/index.htmlx

Our-Kids

[over 800 members representing children of varying diagnoses, resources, discussions]

www.our-kids.org

Bridges4Kids

[variety of disability-related information]

(www.bridges4kids.org)

Children with Disabilities

[collection of resources]

(www.childrenwithdisabilities.ncjrs.org/index.html)

The Developmental Disabilities Leadership Forum

[learning resources about developmental disabilities]

(www.ddleadership.org)

Disability Resources

[lots and lots of links and a regional directory]

www.disabilityresources.org/

Illinois Disability Resources

http://www.alliancelibrarysystem.com/mitbc/DisabilityLinks/Illinois_Disability_Resources.htm

KidPower Family Support Resource

[lots of resources and anecdotal information about cerebral palsy and other disabilities]

www.kid-power.com

Parents Place

[on-line bulletin board with numerous parenting topics]

www.parentsplace.com/messageboards/

RxList: The Internet Drug Index

[prescription information]

(www.rxlist.com)

Special Child

[collection of support and resources]

www.specialchild.com

Special Families Guide

[Psychologist, author, and parent Robert Naseef, Ph.D., shares his insights and experiences on family life. Many conditions are discussed-

-focusing on the special needs of families and emphasizing the role of fathers.]

www.specialfamilies.com

Yellow Pages for Kids with Disabilities

[extensive lists by state of disabilities resources, includes government agencies, legal services and advocates—sponsored by Wright’s Law]

www.fetaweb.com/help/states.htm

Recreation

General

Chicago Wheelchair Bulls

[Annual Day for Kids held each January]

(847) 593-5485

DuPage Children’s Museum

[special evening of play for children with autism, third Tuesday of each month, 5-7 pm]

Naperville, (630) 637-8000

Fox Valley Special Recreation Association (FVSRA)

[Recreational programs for special needs individuals of all ages-- cooperative extension of the Park Districts of Fox Valley (Aurora, Montgomery, North Aurora, Sugar Grove, Yorkville, Wayne), Geneva, Oswego, St. Charles. Also serves smaller communities in the Fox Valley area.]

(630) 896-6066

www.fvsra.org

Special Olympics

[Anyone residing in Kendall County, wishing to participate in Special Olympic programs, can apply for scholarship funds.]

Carolyn Nagle, FVSRA, (630) 896-6066

Western DuPage Special Recreation Association

[recreational programs for special needs individuals of all ages. Cooperative extension of the Park Districts of Bloomingdale, Carol Stream, Glen Ellyn, Lombard, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield.]

(630) 681-0962

www.wdsra.org

Wilderness on Wheels

[a Colorado mountain environment accessible to all]

www.wildernessonwheels.org

YMCA of the Rockies

[family camp with qualified counselors for disabled children]

www.ymcarockies.org

Apple Picking

Kuiper's Family Farm

[fun for the whole family – accessible]

Maple Park, (815) 827-3317

Baseball

Buddy Baseball

[for children with any disability ages 5-16, t-shirt, hat & trophy]

sponsored by Wheaton Women's Jr. League

Judy Casaccio (630) 871-0953

Power League

[June-July, school age, any disability/assistive mobility device,
weeknights, sign up March 15, 12 games]

sponsored by Batavia Youth Baseball

Leslie Hopkins, (630) 879-3675

Bowling

Pin Pal League

[one Saturday each month (usually the first) Sept.-May; 3pm,
Bowling Green Sports Center, 30W150 Roosevelt Rd., West Chicago]

Leslie Hopkins, (630) 879-3675

Horse riding

North American Riding for the Handicapped Association (NARHA)

[therapeutic horse riding organization with national list of affiliated facilities]

www.narha.org

Blazing Prairie Stars
Maple Park, (630) 365-5550
www.blazingprairiestars.com

Equine Dreams
Sandwich, 815-498-9640
www.equinedreams.org

Ready, Set, Ride Therapeutic Recreation Facility
Plainfield, (815) 439-3639
www.readysetride.org

Strides Therapeutic Riding Program
Joliet, (815) 838-1694

Soccer

Fox Valley TOPS Soccer Association
[for children with any disability, spring and fall schedules]
Batavia 630- 240-7070
Naperville 630-305-8332
Oswego (630) 554-7187
www.fvtsa.org

Swimming

Rush-Copley Healthplex, Aurora
[family swims, lessons, Adapt-A-Splash for children with disabilities]
Aurora (630) 236-5804
www.rushcopley.com

Delnor Health & Wellness Center, Geneva
(630) 208-3933
www.delnor.com

Keeler Pool, Aurora
[open swims, lessons, aquatic physical therapy]
(630) 844-5040 x 203
www.the-association.org

Summer Camps

ADHD.com's Guide to Summer Camps
www.adhd.com/fun/camps.htm

American Camping Association
[2002 Guide to ACA Accredited Camps is free on the website]
(800) 428-2267
www.acacamps.org

Association for Individual Development
[one-week residential camp early August, Hoover Outdoor Education Center, Yorkville]
Laura McNeece, (630) 844-5040 x203
www.the-association.org

The Camp & Conference Homepage
www.camping.org

Camp Search: The Search Engine for Camps
www.campsearch.com

Camp S.O.A.R.
[2 two-week sessions end of July, one-on-one counselors, Advocate Lutheran General medical staff. NEW: weekend respite program May 30-June 1]
Hoover Educational Center, Yorkville
Ingrid Thompson, (847) 318 9067
campsoar@hotmail.com

The CampPage Guide to Summer Camps
www.camppage.com

Camps for Children with Spina Bifida
[Spina Bifida Association of America, state-by-state listings]
(800) 621-3141
www.sbaa.org

Directory of Summer Camps for Children with Learning Disabilities
(888) 300-6710
http://ldaamerica.org/store/LD_Directories.html

Easter Seals Camping & Recreation List
(800) 221-6827
info@easter-seals.org; www.easter-seals.org

Easter Seals Camp

[serves kids with disabilities in Hudson, Ill.]
(309) 365-8021

Illinois Tourette Camp

[camping opportunities for children with Tourette Syndrome (TS) and its associated disorders, 30 miles north of Chicago]

(773) 465-7536

<http://tourettecamp.com/>

Kids' Camps

www.kidscamps.com

National Association of Therapeutic Wilderness Camps

www.natwc.org

National Camp Association

[on-line form to request materials about camps on website]

(800) 966-CAMP

www.summercamp.org

Wisconsin Badger Camp

[quality educational and recreational experiences for children and adults with developmental disabilities in an outdoor setting]

<http://www.badgercamp.com/>

Vacations

Accessible Journeys

[special needs travel agency]

(www.disabilitytravel.com)

Access-Able Travel

[wide range of access information and resources for travelers with disabilities]

<http://www.access-able.com/>

Disability Travel and Recreation Resources

[lots of links about adaptive travel]

(www.makoa.org/travel.htm)

Medical Travel, Inc.

[special needs travel agency]

(www.vacations-plus.com)

The Savvy Traveler
[special needs travel planning, books, tips]
(www.savvytraveler.com/before/disability-resource.shtml)

Wheelchair Getaways
[accessible van rentals]
(800) 642-2042

Wheelchair Accessible Van Rentals
(800) 456-1371

Special Education Resources

The Camelot Schools
Naperville Campus --Therapeutic Day School
[educating and treating special education child and adolescent]
(866) 355-0277 or (630) 355-0200

Council for Exceptional Children
[special education]
(www.cec.sped.org)

Mark Doyle
[special ed advocate located in St. Charles]
(630) 584-0970

Tammera Lawson
[professional parent/child advocate serving Kendall, Kane, DeKalb, Will
and DuPage counties]
(630) 966-0927
tammera2526@aol.com

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National Center on Educational Outcomes
[special education]
(www.coled.umn.edu/nceo/)

No Child Left Behind
www.nochildleftbehind.gov

Special Ed Resources
<http://www.gillespie.macoupin.k12.il.us/specialed.htm>

State Department of Education: Special Education
Dept. of Specialized Support Programs
Illinois State Board of Education
(217) 782-5589
www.isbe.net

Wright's Law
Pete and Pam Wright
Wrightslaw & The Special Ed Advocate
www.wrightslaw.com

Wrightslaw: IDEA 2002
[Individuals with Disabilities Education Act information]
(www.wrightslaw.com/law/news/idea2002.htm)

Support Groups

Autism Society of America (Far West Suburban)
[meets third Tuesday of the month, Bolingbrook Medical Center]
Joann Roman, (630) 969-1094
www.autism-society.org

Autism Support Group
Will County (815) 725-6677

CH.A.D.D.
[Children & Adults with Attention Deficit/Hyperactivity Disorder]
(800) 233-4050
www.chadd.org

Mothers From H*ll 2
[a grassroots parent advocacy group]
(815) 362-5303
www.mothersfromhell2.org

MUMS National Parent to Parent Program
[a resource for learning about various (including rare) diagnoses and connecting with parents with children having the same issues]
(877) 336-5333
www.netnet.net/mums

MUMS (Southern Fox Valley)

[mostly moms of special needs school age children meeting third Tuesday of the month for fellowship, friendship and discussions of disability-related issues]

Candice Hadley, (630) 554-8989

chadley222@earthlink.net

National Fathers' Network

[support for fathers of children with special needs]

www.fathersnetwork.org

Special Kids Guide

[booklet about public and private programs, organizations and services in the Greater Chicago area for children from birth through high school. To order write "Special Kids", and your name and address on a piece of paper or file card, along with a check or money order for \$3.14, to ParentLink Info. Services, 1674 Cumberland, Aurora IL 60504]

Susie Redfern (630) 499-5810

www.northstarnet.org/regional/educonn/specialkids.html

Additional links:

www.northstarnet.org/regional/educonn/specialneeds.html

Special Needs Support Group

[Autism Spectrum Disorders]

Fourth Monday of the month, Geneva

Shelley Swanson, (630) 208-8880

Special Spiritual Connections

[A Christian support group that connects parents and caregivers of special needs children and provides nourishment for the soul of those involved. Meets monthly at St. Anne's Church Parish Hall on Boulder Hill Pass, Oswego]

Cheri Hill, (630) 552-7774 or Debbie Wolski, (630) 554-2146

Support Organizations

The Association for Individual Development

[private, community-based, not-for profit organization, serving over 2,000 individuals of all ages who are developmentally and/or physically disabled]

Aurora (630) 896-1961

www.the-association.org

Council for Disability Rights
[advancing rights and enhancing lives of people with disabilities]
(312) 444-9484
www.disabilityrights.org

Easter Seals
[services and supports for children with disabilities]
Joliet (815) 773-9362
Naperville (630) 357-9699
www.easter-seals.org

Family Resource Center on Disabilities
(800) 952-4199
www.frcd.org

Family Support Network of Illinois
(309) 693-8981
www.familysupportnetwork.org

Fox River Valley Center for Independent Living
[free services to children with disabilities and parents with IEPs, skills training, independent living skills--Kane, Kendall and McHenry counties]
Aurora (630) 264-4349

Learning Disabilities Association of Illinois
[non-profit grassroots organization whose members are individuals with learning disabilities, their families, and the professionals who work with them]
(708) 430-7532
www.ldanatl.org

National Center for Latinos with Disabilities
(800) 532-3393
<http://homepage.interaccess.com/~ncl/>

National Information Center for Children & Youth with Disabilities (NICHCY)
www.nichcy.org

Parent Matching Program
[parent matching service]
www.therfcc.org/RFCC/parent-match.html

Parent-To-Parent
[Family Resource Center on Disabilities]
(312) 939-3513; (800) 952-4199 (in IL)
www.frcd.org

Pathways Awareness Foundation
[dedicated to education for and about children with movement and
physical challenges, and their families—lots of links]
(800) 955-2445
www.pathwaysawareness.org

Therapy Services (Pediatric)

Association For Individual Development
Aurora, (630) 896-1961
www.the-association.org

Community Therapy Services
Geneva, 208-8880
www.commtx.com

Easter Seals
Joliet, (815) 725-2194
www.il-wg.easter-seals.org

Easter Seals
Ottawa, (815) 434-0857

Henry Occupational Therapy Services
[Bringing Sensory Integration to Schools, Homes and Businesses]
888.371.1204
www.ateachabout.com

Pediatric Place
Naperville, (630) 369-6868

Rainbow Center
Aurora, (630) 898-2200
www.rainbow-center.net

SPOT 4 Kids
Oswego, (630) 554-6156

www.spot4kids.com

Therapeutic Listening
Marget Wincet, O.T.
St. Charles, (630) 584-7030
www.otoutcomes.com

Transportation

Amtrak
(800) USA-RAIL
www.amtrak.com

Freedom Driving Aids
[accessible vehicles, lifts, conversions]
Plainfield, (815) 254-2000, (800) 843-0511
www.freedomdrivingaids.com

Greyhound
(800) 231-2222
www.greyhound.com

Metra
(312) 322-6777 weekdays; (312) 836-7000, eves & weekends
www.metrarail.com

PACE
(847) 364-7223
www.pacebus.com

